

### Water-soluble vitamins

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#### Composition:

##### per 1 coated tablet (0.45 g)

Vitamin B <sub>1</sub>	3.0 mg
Vitamin B <sub>2</sub>	1.7 mg
Vitamin B <sub>6</sub>	10.0 mg
Vitamin B <sub>12</sub>	6.0 µg
Vitamin C	120.0 mg
Biotin	60.0 µg
Folic acid	1000.0 µg
Nicotinamide	20.0 mg
Pantothenic acid	10.0 mg

#### Nutritional value

	per coated tablet	per 100 g
Energy	0.56 kcal	140 kcal
	2.38 kJ	582 kJ
Protein	0.00 mg	0,00 g
Carbohydrates	130.50 mg	29.00 g
<i>of which sugar</i>	90.00 mg	20.00 g
Fat	10.34 mg	2.30 g
<i>of which saturated f-a</i>	10.34 mg	2.30 g
Salt	0.09 mg	0.02 g

BE: 3.0/ 100 g – 0.01/ per coated tablet

#### Ingredients (per 100 g coated tablets):

**Vitamins:** 26.7 g ascorbic acid, 4.7 g nicotinamide, 2.8 g pyridoxine, 2.4 g calcium pantothenate, 860 mg thiamin nitrate, 400 mg riboflavin, 230 mg folic acid, 10 mg biotin, 1 mg cyanocobalamin.

**Other ingredients:** talkum powder; saccharose; **lactose**-monohydrate; cornstarch; cellulose powder; colours titanium dioxide, cochennille red A, beetroot-powder (maltodextrine, concentrate of beetroot juice, citric acid); silicon dioxide; magnesium salt of fatty acids; hydroxypropylmethylcellulose; gum arabic; palm oil (total hydrogenated); glucose syrup; gelatine; calcium carbonate; microkristalline cellulose; fatty acids.

### Data Sheet

#### Food for special medical purposes (FSMP)

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#### Form

100 coated tablets

Renavit® is not a complete food and therefore not suitable for use as the sole source of nutrition. Use only under medical supervision.

#### Areas of Use

Food for special medical purposes: For the dietary management of water soluble vitamin deficiency in renal failure patients receiving dialysis.

Also for the medical treatment of a dialysis-related increased homocysteine level.

#### Dosage

Generally one coated tablet daily (swallowed, not chewed) after the dialysis session, if not otherwise prescribed by the physician.

#### Storage

Store in a dry place away from light and moisture - not above room temperature (25° C).

#### Indications

In patients with chronic renal failure, vitamin deficiencies (apart from fat soluble vitamins, particularly A and D) often arise due to

- the reduced intake of water-soluble vitamins caused by dietary restrictions (milk, fruit, vegetables, meat, bread) and / or the soaking of potassium-rich foods (potatoes) that also contain valuable vitamins.
- a loss of water-soluble vitamins during dialysis treatment.
- the uremia-related disruption of vitamin metabolism.

Renavit® contains all water-soluble vitamins in the recommended medical quantities. Its optimal combination of folic acid, vitamin B<sub>6</sub> and B<sub>12</sub> lowers elevated homocysteine levels in dialysis patients.

It does not contain the fat-soluble vitamins A, D, E and K.

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